

PRESCHOOL EDUCATION

PLAYFUL BEGINNINGS MAKE FOR GREAT FUTURES!



THE CENTRAL QUÉBEC SCHOOL BOARD

Central Québec School Board educators value the natural way children explore and discover the world around them. Children are encouraged to actively learn, develop autonomy and establish positive relationships with adults and peers. <https://www.cqsb.qc.ca/en/web/cscq/home>

PARENTS

As your child's first teacher, you know your child's strengths and challenges. Your support is essential in helping your child be successful in school.



THE PRESCHOOL EDUCATION CYCLE PROGRAM IN QUÉBEC (2020-2021)

The new Preschool Education Cycle Program is aimed at children attending 4-year-old Kindergarten and 5-year-old Kindergarten. It aims to promote the overall development of children and to implement preventive interventions to meet their needs. Preschool education gives children equal opportunities to learn, understand, become familiar with their school environment, believe in their abilities and develop skills to facilitate their transition from Preschool to Grade 1.

Program: http://www.education.gouv.qc.ca/fileadmin/site_web/documents/education/jeunes/pfeq/Programme-cycle-prescolaire.pdf

THE MANDATE OF PRESCHOOL EDUCATION

To promote the overall development of all children by

- ✓ offering a safe, caring and inclusive living environment
- ✓ cultivating the pleasure of exploring, discovering and learning
- ✓ setting up the basis for schooling

To implement preventive interventions by

- ✓ providing universal prevention activities
- ✓ providing targeted prevention activities

Daily activities are offered to children respecting their needs, their interests and their culture. The child acquires skills and learns based on his/her current level of development (what the child can do alone) and his/her level of potential development (what the child is able to accomplish with the help of adults or peers).





THE ROLE OF PLAY IN LEARNING

Children have different strategies that allow them to learn. They learn by imitation, observation, experimentation or questioning, but play is the preferred way of learning for children. A rich environment where play, especially symbolic play, is initiated by the child and supported by the adult allows the child to explore, create, improvise, role-play, manipulate, etc. Through play, children's sensorimotor and emotions are put into action. Play also allows them to acquire knowledge and concepts, structure their thinking and develop their vision of the world in order to make sense of the world around them. By playing, they learn to develop their autonomy and their relationships with others.

AREAS OF DEVELOPMENT

The Preschool Education Cycle targets five areas of development. All areas are linked and build upon each other.



PHYSICAL AND MOTOR

Development of motor skills and healthy lifestyles



EMOTIONAL

Development of own self-knowledge and the feeling of self-confidence



SOCIAL

Development of building relationships with others

LANGUAGE

Development of oral language and written language to communicate



COGNITIVE

Development of a set of knowledge, attitudes, skills, aptitudes and behaviors to discover the world around them

COMMUNICATING THE CHILD'S PROGRESS

Parents should receive information that highlights their child's development through communication that reflects both the process and the content. This communication can be enriched with concrete examples (photos of work in progress, paper or digital portfolio, comments from the child and the teacher, transcripts of discussions held with the child). This allows parents to better understand their child's way of learning in the various activities offered.



Information adapted and based on an unofficial translation of the program shared with the DEEN PLAY Subcommittee.