

Welcome to Our ABAV Plan

TheAnti-Bullyingand Anti- Violence (ABAV) Plan is a priority at Riverside Regional High School as it reflects our school's commitment to ensuring a safe, inclusive, and respectful environment for all students. This brochure summarizes key highlights from our 2025-2026 plan. For the complete version, use the following link: https://www.cqsb.qc.ca/en/web/riverside-regional-high-school/our-action-plan



RRHSiscommittedto student wellness and academic excellence in English while honoring and enriching our francophone community.

Element 9: Follow up on Report or Complaint

The principal and the behavior technician monitor each case until resolved and maintain communication with parents and students.







Riverside Regional High School

418)548-3181

🔀 rrhs@cqsb.qc.ca

Parents' Guide to Your School (Based on the 2025–2026 ABAV Plan)



- Sense of Belonging
- Student Success
- Student Wellness



sofology sofologed



Our Mandate

The ABAV Committee at RRHS is dedicated to:

- Assessing the school climate by collecting and analyzing data on bullying and violence.
- Listening to staff and student feedback to understand current challenges.
- Designing and implementing proactive strategies that promote safety, inclusion, and respect.
- Creating a school environment where every student feels supported, valued, and empowered to thrive.

Key Definitions

- <u>Bullying</u>: Repeated behaviour meant to harm or exclude another person.
- <u>Discrimination</u>: Unfair treatment based on identity or personal characteristics.
- <u>Violence</u>: Words or actions that harm or threaten someone's safety or dignity.
- <u>Sexual Violence</u>: Any unwanted sexual attention, behaviour, or contact.
- <u>Racism</u>: Mistreatment or exclusion based on race, ethnicity, or culture.

Element 1: Analysis of the Situation

The school reviews data and feedback each year to identify bullying or violence concerns and guide priorities.

Element 2: Prevention Measures

Proactive activities and discussions promote kindness, respect, and inclusion. All forms of bullying, discrimination, and violence are addressed.

Element 3: Measures for Parents or Guardians

Parents are encouraged to:

- Talk with children about respect and empathy.
- Report concerns to school staff.
- Stay informed through school communication.



QR Code



Element 4: Reporting

Anyone can report bullying or violence verbally or in writing to school staffor through the QR code.

Reports should be made as soon as possible.

Element 5: Intervention Protocol

Staff respond promptly, gather facts, and take fair action to support those involved.

Element 6: Respect and Confidentiality

All reports are handledprivately and securely, respecting everyone's confidentiality

Element 7: Supervisory and Support Measures

Support is offered to victims, witnesses, and those who bully, helping studentstake responsibility and build empathy.

Element 8: Disciplinary Actions

Consequences depend on the situation and aim to ensuresafety, learning, and accountability.