



Welcome to Our ABAV Plan

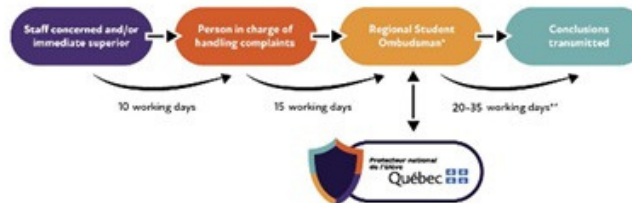
The Anti-Bullying and Anti-Violence (ABAV) Plan is a priority at Riverside Regional High School as it reflects our school's commitment to ensuring a safe, inclusive, and respectful environment for all students. This brochure summarizes key highlights from our 2025–2026 plan. For the complete version, use the following link:
<https://www.cqsb.qc.ca/en/web/riverside-regional-high-school/our-action-plan>

Our Commitment

RRHS is committed to student wellness and academic excellence in English while honoring and enriching our francophone community.

Element 9: Follow up on Report or Complaint

The principal and the behavior technician monitor each case until resolved and maintain communication with parents and students.



Contact Us

Riverside Regional High School

☎ (418)548-3181

✉ rrhs@cqsb.qc.ca

Parents' Guide to Your School

(Based on the 2025–2026 ABAV Plan)



- Sense of Belonging
- Student Success
- Student Wellness





Our Mandate

The ABAV Committee at RRHS is dedicated to:

- Assessing the school climate by collecting and analyzing data on bullying and violence.
- Listening to staff and student feedback to understand current challenges.
- Designing and implementing proactive strategies that promote safety, inclusion, and respect.
- Creating a school environment where every student feels supported, valued, and empowered to thrive.

Key Definitions

- **Bullying**: Repeated behaviour meant to harm or exclude another person.
- **Discrimination**: Unfair treatment based on identity or personal characteristics.
- **Violence**: Words or actions that harm or threaten someone's safety or dignity.
- **Sexual Violence**: Any unwanted sexual attention, behavior or contact.
- **Racism**: Mistreatment or exclusion based on race, ethnicity or culture.

Element 1: Analysis of the Situation

The school reviews data and feedback each year to identify bullying or violence concerns and guide priorities.

Element 2: Prevention Measures

Proactive activities and discussions promote kindness, respect and inclusion. All forms of bullying, discrimination and violence are addressed.

Element 3: Measures for Parents or Guardians

Parents are encouraged to:

- Talk with their children about respect and empathy.
- Report concerns to school staff.
- Stay informed through school communication.



Element 4: Reporting

Anyone can report bullying or violence verbally or in writing to school staff or through the QR code. Reports should be made as soon as possible.

Element 5: Intervention Protocol

Staff respond promptly, gather facts, and take fair action to support those involved.

Element 6: Respect and Confidentiality

All reports are handled privately and securely, respecting everyone's confidentiality

Element 7: Supervisory and Support Measures

Support is offered to victims, witnesses, and those who bully, helping student stake responsibility and build empathy.

Element 8: Disciplinary Actions

Consequences depend on the situation and aim to ensure safety, learning, and accountability.

