



Parenting in Challenging Times

Workshop & Tapas Event

When: Wednesday, November 16 at 6:30 p.m.

Where: Wellness Centre, main floor, multipurpose room
1270 chemin Sainte-Foy, Québec, G1S 2M4

Parenting is always a challenge, but perhaps even more so in our uncertain times. It seems more complex to be a parent these days, considering new social media technologies and the major global issues encroaching on our everyday lives, such as the pandemic. Join us for this, our first in-person parenting workshop since the pandemic. Our special guest speaker is renowned psychology professor **Dr. George Tarabulsy**, who is also a father himself. All parents welcome!

Join us at 6:30 p.m. for tapas and meet and mingle with other English-speaking parents. The talk will start at 7:00 p.m., and will be followed by a question and answer period.

Space is limited. Contact Jessica at jprice@jhpartners.net to register.



October 18, 2022