

EUCCHARIST

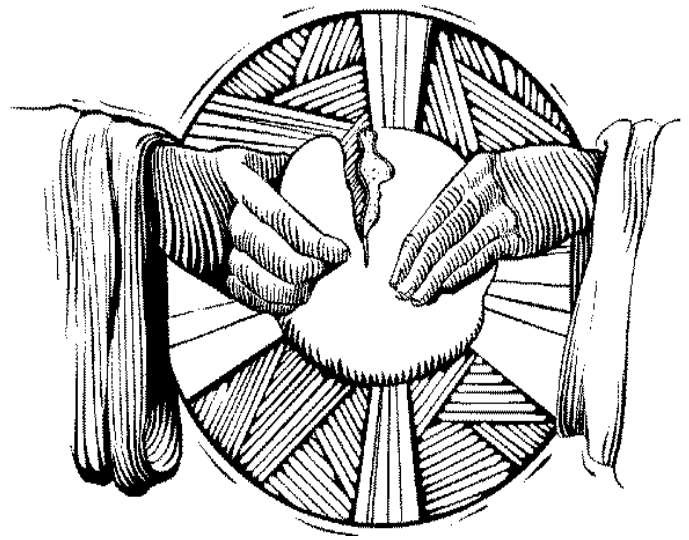


Name: _____

Jesus, the Bread of Life

Jesus told His disciples: “I am the Bread of Life”. He was not speaking in riddles, He was saying “I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh... He who eats my flesh and drinks my blood has eternal life, and I will raise him up on the last day” (John 6:35, 51, 54). Many people turned away from Jesus because this teaching sounded harsh. But He spoke the truth! But the people did not know HOW Jesus would give us His Body and Blood.

At the Last Supper (the night before Jesus was to suffer and die for us), Jesus celebrated a big feast with His apostles. As they were eating, he took bread, blessed it and broke it, and said “Take, this is my body”. And then He took a cup and when he had given thanks, He gave it to them and they all drank from it. And He said to them, “This is my blood of the covenant, which is poured out for many” (Mark 14: 22-24). Jesus gave us the Eucharist so we could eat His Body and drink His Blood, so He can live in us, and we can live forever. The Eucharist is food for our souls!



When we receive the Eucharist, we are receiving the Same Jesus and Lord that performed miracles, that taught the way to Eternal Life and that saved us from our sins by offering His life for us.

Jesus promised to stay with us until the end of time, and He has made this possible through the Blessed Sacrament. In every Catholic Church, Jesus is present to us during Mass, but also He is there in the tabernacle - a box where the Blessed Sacrament (Jesus) is kept so we can pray to Jesus and visit Him.

Just as people 2000 years ago would go to visit Jesus to listen to Him and seek healing from Him as he walked the earth, so too we can go to Jesus in the Eucharist. This is the most sacred of all the Sacraments, so it is very important to prepare with special care.

Jesus, Bread of Life

QUESTIONS

1) When Jesus said “I am the Bread of Life”, was he speaking in riddles? What did He mean?

2) Did people accept this teaching, or did some turn away? Why?

3) What happened at the Last Supper?

4) Is the Eucharist Jesus’ Body and Blood? Really?

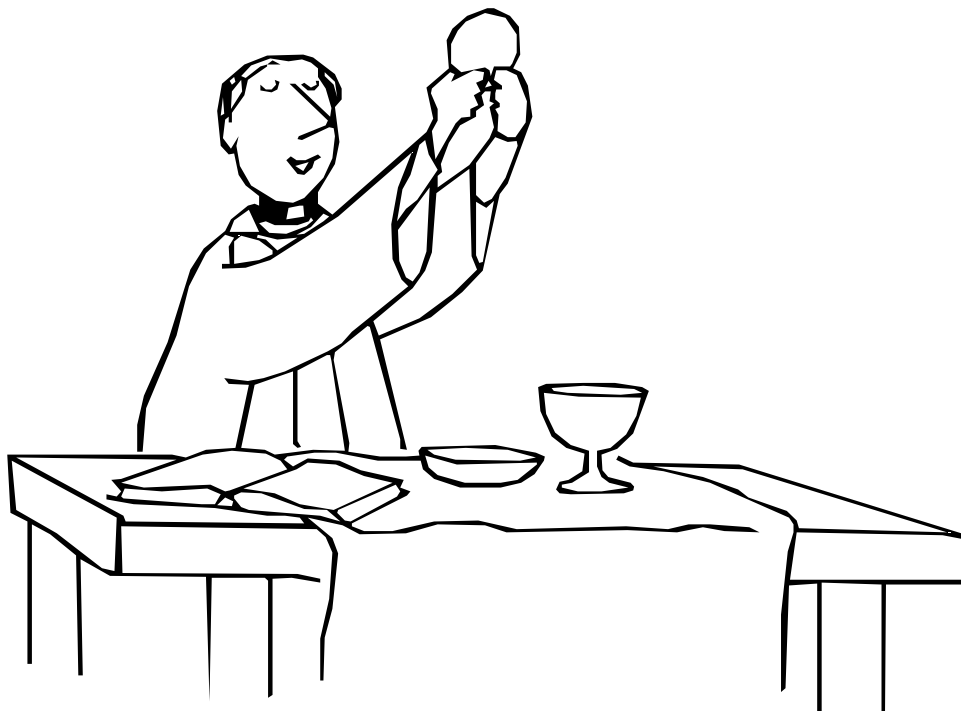
5) When we receive the Eucharist, what is special about it?

6) How can Jesus stay with us until the end of time?

At the Last Supper Jesus gave us the Eucharist.



At Mass, we receive the Eucharist too!





The
Body
of
Christ.

Amen.



WORD FIND

E U C H A R I S T D Y T B A B I S H O P
H I E R C O M M U N I O N L R E T P G R
O S P R E P A R E O L O R D E D U S E A
L T R A N S U B S T A N T I A T I O N Y
Y S I J P A S L O V E T W H D R T U U D
M A E B R C M E A L G R I T O A C L F I
A C S R E R Y S O S R U N C F D R A L V
S R T E S A J S G I A L E B L O O D E I
S I C A E M O E O N C Y N O I R S I C N
J F V D N E N D D Y E S T D F E S M T I
E I S F T N R E C E I V E Y E S D C J T
S C L A S T S U P P E R U S R E A L L Y
R E C J E S U S T H A N K S G I V I N G
C O N S E C R A T E N K S A F A S T L O

Can you find these words in the puzzle? Circle them.

Adore

Body

Cross

Grace

Last Supper

Meal

Priest

Sacrifice

Bishop

Bread of Life

Divinity

Genuflect

Lord

Pray

Receive

Sin

Truly

Blessed

Communion

Eucharist

Holy

Love

Prepare

Really

Soul

Blood

Consecration

God

Jesus

Mass

Present

Sacrament

Thanksgiving